TAKE YOUR TEAM TO NEW HEIGHTS

PROGRAMS FOR PROFESSIONALS WITH OUTWARD BOUND CALIFORNIA

Outward Bound’s internationally acclaimed curriculum approaches teambuilding and leadership through experiential learning—we take individuals out of their comfort zones to discover they can go farther and achieve more together.
Leading a team in the healthcare industry means adapting to constant change, stressful work environments and having to do a great deal with very little. I have twice, with two different organizations, reached out to Outward Bound to help our teams work better together, be stronger leaders and brighter citizens of our community. And it worked. Both times. I’d highly recommend anyone looking for a bold and unique teambuilding program to work with Outward Bound Professional. I look forward to hiring them a third time.

Kevin Causey
Chief Development Officer, Montage Health
The “Why” Behind Our Methodology

Experiential learning is effective because it creates common language within teams, encourages risk taking in a safe environment, engages the full person through kinesthetic learning, builds on a diversity of strengths, and accelerates learning due to a decreased time cycle.
SAMPLE AGENDAS FOR PROFESSIONAL PROGRAMS

ECO CHALLENGE
Full Day
9:00am: Introductions and ice breaker activities
9:30: Challenging initiatives in small groups
10:00: Prep in small teams
11:30: Lunch
12:30: Begin EcoChallenge initiative
3:30: Meet back for discussion, debrief of learnings and takeaways
4:30: Program complete

ROCK CLIMBING
Full Day
9:00am: Introductions and ice breaker activities
9:30: Challenging initiatives in small groups
10:00: Rock Climbing training and safety overview
11:30: Lunch
12:30: Rock climbing and rappeling
3:30: Meet back for discussion, debrief of learnings and takeaways
4:30: Program complete

SEARCH & RESCUE
Full Day
9:00am: Introductions and ice breaker activities
9:30: Challenging initiatives in small groups
10:00: Prep in small teams (Navigation, Communication, First Aid, etc.)
11:30: Lunch
12:30: Begin search & rescue initiative
3:30: Meet back for discussion, debrief of learnings and takeaways
4:30: Program complete

TEAM BUILDING
Half Day
12:00pm: Introductions & ice breaker activities
12:30: Challenging initiatives in small groups
2:00: Continue initiatives increasing in complexity and challenge
4:00: Meet back for discussion, debrief of learnings and takeaways
4:30: Program complete

Ready to chat?
Call us at (415) 316-0564 | Email Emma Rapp at erapp@obca.org

More info at www.obca.org
OUTWARD BOUND
CALIFORNIA