



Statement of Understanding COVID-19

Outward Bound is actively monitoring the COVID-19 pandemic, and information and recommendations from the national and state Centers for Disease Control and Prevention. The health and safety of our students and staff is a top priority, and Outward Bound Schools are working diligently with our local public health authorities and our medical advisors to develop mitigation controls and procedures in alignment with current data. The risk of contracting COVID-19 can be reduced but not eliminated.

Statement of Understanding

I wish to enroll myself or my child (hereafter referred to as “participant” or “we”) on an Outward Bound course.

I understand, agree, and accept that Outward Bound cannot ensure that the environments participants will encounter during participation with Outward Bound will be safe from exposure to the SARS-CoV-2 virus. I assume any and all risks related to exposure to or contracting COVID-19 during participation with Outward Bound, which could lead to 1) participant’s illness, hospitalization, and possible death and 2)the participant exposing others, including family and friends to the virus.

This document outlines the mitigation efforts participants are expected to practice, so we can decide if we want to participate in the program.

In order to participate in this Outward Bound course, I understand that participants must be symptom-free at course start as defined by Outward Bound medical screening protocols, and we agree to observe physical distancing and good hygiene practices for a minimum of 5 days prior to course start, including:

- Avoiding crowded indoor and enclosed spaces when possible
- Wearing a mask when being in close proximity to people in public spaces is unavoidable (N95, KN95, KF94 or similar recommended to further reduce risk)
- Washing or sanitizing our hands frequently, and always after touching surfaces that other people touch (such as elevator buttons, handrails, door pulls and fuel pump handles)
- Avoiding contact with people who are sick
- Taking private transportation (personal vehicle, walking, etc.) if possible; otherwise, if taking public transportation, adhering to the transportation authority’s health and safety guidelines
- To advise OB if the participant has tested positive or had symptoms within 14 days of course start, or been in close contact with someone testing positive for or showing symptoms of COVID-19 within 10 days of course start

We also consent to the following during participant’s course and as a condition of participation:

- Participant will wear a face mask, gloves or other protective equipment as requested
- Participant will report their symptoms or have their temperature taken at any time
- To have the participant obtain a COVID-19 viral test at OB’s request if necessary

Outward Bound reserves the right to implement other requirements before or during the course based on medical advice and the judgment of OB staff. Course activities or locations may need to be altered

or discontinued, potentially at the last minute or during the program. If a participant presents symptoms of COVID-19 during the program, we understand they will be isolated from others while Outward Bound contacts us and the listed emergency contact to immediately retrieve the participant from the program site. Further, we understand that if another participant or a staff member with whom we have been in close contact shows symptoms of COVID-19, we may be quarantined or removed from the program, if necessary to prevent further spread.

We understand that we will be expected to follow hygiene practices that reduce the risk to myself/child and others as taught, demonstrated or otherwise explained by Outward Bound staff, and that neglecting to do so may result in my child's dismissal.

We understand that despite the precautions noted above, Outward Bound cannot ensure participants will not be exposed to or contract COVID-19 through participation in the course.

We understand that older adults and people of any age who have underlying medical conditions might be at higher risk for severe illness from COVID-19. We understand and assume the risks of contracting COVID-19 willingly and agree to release Outward Bound from any and all claims related to being exposed to or contracting COVID-19.

These provisions are intended to be incorporated by reference into the Acknowledgement and Assumption of Risks and Liability Release and Indemnity Agreement We have signed or will sign. We understand and agree to all of the above.