



Equipment “Cheat” Sheet

This list is to simplify the process of getting equipped for your course by adding visual clarity on specific items as well as cost effective alternatives. This list is not exhaustive as there are many great brands and options. It is also **NOT A PACKING LIST**. The most important part is **what material the item is made from**, not its brand name. In general, **avoid cotton/cotton blends and stick to synthetic fabrics like polyester, fleece or natural fibers like silk and wool**. Above all, shop within your budget and keep all receipts and tags intact. In addition to thrift stores, bargain outlets like sierratradingpost.com, steepandcheap.com and campmor.com are great resources for finding a deal!

Short-sleeved Synthetic T-Shirt



Money-Saving Options: Soccer jersey from the thrift store

Sun Shirt



Money-Saving Option(s): Dress shirt from thrift store. The thinner, the better.

Long-Sleeved Synthetic Shirt



Money-Saving Option(s): Thrift store, Army Surplus store

Nylon “Convertible” Pants



Money-Saving Option(s): Track pants, basketball breakaway pants

Lightweight Fleece Top



Money-Saving Options: Micro-Fleece at thrift store

Synthetic Insulated Jacket



Money-Saving Option(s): Sierra Trading Post, thrift store



Rain Jacket & Rain Pants



Note: Heavyweight 'ski jackets' are not appropriate for course.

Hiking Socks



Liner Socks



Money-Saving Option(s): Men's dress socks

Gloves



Money-Saving Option(s): Simple fleece gloves

Sun Hat



Money-Saving Option(s): Baseball cap

Camp Shoes



Note: Flip-flops, Chacos, and sandals are not appropriate camp shoes.

Rock Climbing Shoes



Headlamp



Note: Headlamps are preferable over flashlights. LED will be much brighter and last longer than halogen bulbs. Look for headlamps with 3 AAA or 2 AA batteries as a minimum.

Water Bottle



Money-Saving Option(s): PowerAde bottle. Be sure it is a PowerAde bottle to ensure it fits in the Outward Bound backpacks.